



HOUSEHOLD COTS



Your baby will spend a lot of time in their cot so it's important to keep the sleeping environment safe and secure.

Think safety first with these helpful tips.

Choose the right cot

Buy a cot that complies with the Australian Standard (AS 2172). All cots sold by businesses have to meet this standard.

Use the right mattress

Only use the mattress that is specifically designed for the cot. This information is stamped on the base of the cot. An ill-fitting mattress can create dangerous gaps that can trap a sleeping child and cause suffocation. The mattress should also be firm.

Keep the cot clear

Don't put anything into the cot with your child. This includes toys, quilts, pillows, doonas, duvets, cot bumpers, sheepskins, or anything else your child sits on, lies in or climbs on. They can be used as footholds to assist the child to climb out of the cot and can cause suffocation.

Place in a safe location

Never place a cot under a window. Hanging blind or curtain cords pose a strangulation danger. Window ledges can also make it easier for children to climb out of their cot.

. Be cautious of second-hand and heirloom cots

They might not meet current safety standards. Some older cots may be coated in dangerous lead paint.

Follow instructions

Always follow the manufacturer's instructions carefully, including all safety warnings. Keep the instructions somewhere safe.