

Appendix C – Survey instrument

Children's sport, exercise & recreation survey 2018

Landline sample (Sample=1)

Good morning/afternoon/evening. This is XX calling on behalf of Queensland Government.

We're conducting an important study looking at the health and wellbeing of Queensland children 5 to 17 years.

May I ask how many parents or carers of children aged 5–17 live in this household?

_____ Parents/carers

PARENT_RANDOM_LL.

May I speak to the parent or carer who has had the most recent birthday?

1. Yes (Continue)
2. Refusal (RECORD DISPOSITION)

(REPEAT INTRO IF NEEDED) – Would you help me out today? The survey only takes 10 minutes and will help improve the wellbeing of Queensland children.

1. Yes > Continue
2. No > RECORD DISPOSITION

Mobile sample (Sample=2)

Good morning/afternoon/evening. This is XX calling on behalf of Queensland Government.

Is it safe for you to talk? (If No – record soft or hard appointment)

We're conducting an important study looking at the health and wellbeing of Queensland children 5 to 17 years.

May I ask – Are you a parent or carer of a child or children in Queensland 5 to 17 years?

1. Yes
2. No

(REPEAT INTRO IF NEEDED) – Would you help me out today? The survey only takes 10 minutes and will help improve the wellbeing of Queensland children.

1. Yes > Continue
2. No > RECORD DISPOSITION

Great. Thanks. All results are confidential and no individual results are reported.

DISPOSITIONS.

Disposition.

1. Did not speak to person
2. Spoke to person

Call dispositions
Spoke to person in household
No Answer
Disconnected
Busy/Engaged
Fax/Computer/Modem
Answering Machine – Business
Answering Machine – Residence
Answering Machine – Not sure type
Operational Mobile/number (e.g. Plumber)
Business number
Duplicate number
Did not speak to person in household
1. No parent/carer of children 5–17yrs on the number
2. Household Refusal – Soft (unsure if kids 5–17) (Record reason)
3. Household Refusal – Hard (unsure if kids 5–17) (Record reason)
4. Parent/Carer Refusal – Soft (HH has kids 5–17) (Record reason)
5. Parent/Carer Refusal – Hard (HH has kids 5–17) (Record reason)
6. Parent/Carer with kid 5–17 away

Call dispositions
6ii. Parent/Carer_with_kid_5_17_away_outcome 1. Can I call later on > Record as appointment 2. Can call us (provide number) 3. Away beyond April 2019
7. Soft appointment
8. Hard appointment
9. Language barrier (which language _____)
10. Cognitive issues
11. Drunk/drugs
12. Hearing impaired
13. Information required prior to call
14. Parent/carer too ill to participate
14ii. Too_ill_outcome 1. Call at another time 2. Not appropriate to call (e.g., cancer) 3. Parent/carer refusal – Soft (HH has kids 5–17) 4. Parent/Carer Refusal – Hard (HH has kids 5–17)
15. Survey stopped midway – Set appointment to reschedule
16. Survey stopped midway – Soft refusal
17. Survey stopped midway – Hard refusal
18. Quota full – Male child 5–8 years
19. Quota full – Female child 5–8 years
20. Quota full – Male child 9–11 years
21. Quota full – Female child 9–11 years

Call dispositions
22. Quota full – Male child 12–14 years
23. Quota full – Female child 12–14 years
24. Quota full – Male child 15–17 years
25. Quota full – Female child 15–17 years
26. Non–Qld parent/carer with child 5–17 years
27. Survey complete

IF REFUSAL, interviewer to record in detail reason for refusal

Parent_carer_sex (RECORD).

SELECT PARENT/CARER GENDER:

1. Male
2. Female

LOCATION. In which postcode and suburb is your household located?

1. POSTCODE _____ (LIMIT TO QLD ONLY PCODES – at present, I can write 3000)
2. SUBURB _____

(IF OUTSIDE QLD > Record disposition as ‘Non–Qld respondent’ and EXIT)

HH_KIDS. What is the age and gender of the child or children 5–17 in your household? DO NOT READ

Age. Child's age	Sex. Gender
CHILD1.	1. Male 2. Female 3. Other gender
CHILD2.	1. Male 2. Female 3. Other gender
REPEAT FOR: CHILD3. CHILD4. etc. + UNLIMITED KIDS	

CATI_RANDOMISATION. (or as per QUOTA cell)

If multiple births – Which child has had the most recent birthday? READ OUT

(> CHILD SELECTED BECOMES SUBJECT)

I'd like to ask some questions about your (INSERT boy/girl/child) aged (X years).

INITIALS. May I use this child's initials or first name?

1. Yes – RECORD NAME OR INITIALS _____
2. No – No worries (Just refer to the boy/girl aged X)

AGE. May I also confirm your age? _____ (98/99–DK or REFUSED)

AGE_RANGE. (Choose a range if AGE=DK/refuses) No worries, could you tell me if your age falls into any of these bands?

18–24

25–34

35–44

45–54

55–64

65 years or older

99. REFUSED

First, I'd like to ask about your child's participation in physical activities for sport, exercise or recreation outside school hours during the past 12 months.

This means only physical activities before 9am and after 3pm school days, during holidays and all day on the weekend.

I'd like you to report:

Organised activities – Like through a club

Informal activities

And even activities only done once or twice.

ACTIVITIES_P12. During the past 12 months, did (Child) participate in any physical activities for sport, exercise or recreation outside school hours?

Yes

No

(IF YES AND NO – MUST PROMPT RESPONDENT WITH COMPULSORY PROMPTS)

ACTIVITIES. IF YES. Which physical activities did (Child) do? DO NOT READ

(INSERT CODE FRAME AT REAR – MULTIPLE RESPONSES)

Did (Child) do...(READ EACH PROMPT)

COMPULSORY PROMPTS		
<p>Anything water or boat related?</p> <p>Like swimming, sailing</p>	<p>Any athletics?</p>	<p>Anything with horses or animals?</p>
<p>Anything with racquets, sticks or balls?</p> <p>Like tennis, hockey</p>	<p>Any dancing or gymnastics?</p>	<p>Any physically active video games?</p>
<p>Any bike riding, rollerblading, scootering?</p>	<p>Any martial arts?</p>	<p>Anything on snow, ice, flying, motor sports or hitting targets?</p>
<p>Any walking, jogging, fitness activities?</p>	<p>Any adventure sports or events?</p> <p>Like obstacle courses, fun runs</p>	<p>Any Active Transport like walking to school? (ONLY USE 'ACTIVE TRANSPORT' CODES)</p>

So just to confirm, (insert child's name) has participated in – READ OUT:

INSERT ACTIVITIES

IS THAT CORRECT?

ADDED TO SCREEN

INTERVIEW TIPs – TYPE:

'Active transport' to record type of Active transport (see multi-codes)

'play' for Active play

'work' for active work or chores

If cannot find activity, type following to record other responses:

For a general activity – TYPE 'other'

For other forms of Active transport not listed – TYPE 'other type of Active transport'

Type 'none' if no activities

ACTIVE_PLAY. During the past 12 months, did (Child) do any Active play outside school hours? Like running, climbing....

Yes

No

ACTIVE_CHORES_WORK. And during the past 12 months did (Child) do any CHORES or WORK outside school hours that involved physical activity – Like cleaning, gardening.

Yes

No

For each activity (INCLUDE ALL ACTIVITIES, ACTIVE PLAY & ACTIVE CHORES) – Ask:
(12 maximum)

FREQ1. How often did (Child) participate in (ACTIVITY) during the past 12 months?

(W) _____ per week

(F) _____ per fortnight

(M) _____ per month

(Y) _____ per year

(VALIDATE ABOVE WK/FT/MONTH OR YEAR – SO CAN ONLY TICK 1)

Calculate annual FREQ of participation for each activity – Annualise as follows:

IF FREQ1=Weekly > x 52

IF FREQ1=Fortnightly > x 26

IF FREQ1=Monthly > x 12

IF FREQ1=Yearly > x 1

Three most frequent activities

IF NO ACTIVITIES, THEN SKIP TO BARRIERS

Now I'd like you to think about (Child's) participation in the 3 most frequent activities.

REPEAT FOR ACTIVITY 1, 2 and 3

In relation to (ACTIVITY X):

MINUTES1. How many minutes per session did (Child) do the activity on average?

(e.g., twice per week for 60 minutes > write 60 minutes) _____ minutes

(DO NOT ADD UP – ONLY PER SESSION)

PROVIDER1. Was it undertaken through a club, organisation or school, or was it just informal?

DO NOT READ

1. Club/organisation

2. School

3. Informal (e.g., through friends, family, self-organised etc.)

4. Other (specify _____)

KM_TRAVEL. How many kilometres did (Child) have to travel to the activity – one way only? _____ km
(WRITE 0 if no travel required)

Were there any barriers for (Child) personally doing or increasing his/her physical activity over the past 12 months?

Just barriers for (Child).

BARRIERS_CHILD. CHILD RELATED BARRIERS

Motivation Factors

Not interested/doesn't like physical activity/exercise/sport (Ausplay p 23, 4) (QSERSA q15, 12)

Too lazy (Ausplay p 23, 3)

Too tired (similar to QSERSA q15 – extra item)

Not enough time/too many commitments (Ausplay p 23, 10)

Psychological Factors

Fear of injury (Ausplay p 23, 8)

Fear about participation/scared (Ausplay p 23, 18)

Body image issues (fear of being judged) (AHKA)

Girl/boy sport stereotypes (AHKA)

Enough at school

Enough physical activity at school (similar to Ausplay p 23, 21)

Activity Related

Wrong age (too young/too old) (Ausplay p 23, 1)

Child not good enough (Ausplay p 23, 5)

Not familiar with activity/rules (Ausplay p 23, 20)

Nobody to do it with (Ausplay p23, 17)

Too competitive (Ausplay p 23, 9)

Disability/illness/injury

Child has disability (Ausplay p 23, 6)

Child has illness or injury – Temporary (Ausplay p 23, 7) (QSERSA qu 15, 10)

Child has illness or injury – Ongoing (Ausplay p 23, 7) (QSERSA qu 15, 11)

Other

Other (specify ____)

Don't know

Child already does enough physical activity

No barriers for child

(20 not mutually exclusive item, so Respondents can select with other responses)

BARRIERS_PARENT & OTHER How about any barriers for you or your spouse as parents/carers?

Time & Priority Factors

Lack of time (QSERSA q15, 8)

Not a priority – school work more important

Not a priority – general (Ausplay p 23, 2)

Work commitments (QSERSA q15, 4)

Caring for kids/others

Caring for children (similar to QSERSA q15,1)

Caring commitments other than children (QSERSA q 15,2)

Transport Factors

No car/poor public transport/can't get there/too far (Ausplay p 23, 13) (QSERSA q 15, 5)

Too much time transporting kids

Money Factors

Too expensive/high cost (Ausplay p 23, 15) (QSERSA, q15, 14)

Not value for money (Ausplay p 23, 16)

Accessibility Factors

Don't know of places/clubs/organisations (QSERSA q 15, 6)

Waiting list (Ausplay p 23,12)

Lack of flexible activities (QSERSA q 15, 9)

Safety related

Dangerous or unsafe streets/roads (QSERSA q 15, 13)

Weather (Ausplay p 23, 14)

Activity not safe

Disability/illness/injury

Parent/carer has disability (QSERSA q 15, 5)

Parent illness/injury – Temporary (QSERSA q 15, 10)

Parent illness/injury – Ongoing (QSERSA q 15, 11)

Other

Other (specify _____)

Don't know

Not culturally appropriate (Ausplay p 23, 19)

No barriers for parent

SEDENTARY. During the past 12 months, how many minutes per day on average has (Child) spent on screens outside school hours – like TV, tablets, video games and computers?

Could you break this into screen time spent on school work? (e.g., doing homework on a computer) (RECORD)

(a) _____ Minutes

AND...

Screen time for leisure, entertainment and other reasons? (e.g., TV, Internet, messaging or chats, social media etc.) (RECORD)

(b) _____ Minutes

PL. How much do you agree or disagree with the following (1 is strongly disagree, 5 is strongly agree and 3 is neutral)

1. My child understands the importance of being physically active
2. I encourage my child to be physically active
3. My child has enough experience in physical movement to feel confident to participate in physical activities

EMPLOYMENT_QSERA16. May I ask your current employment status?
DO NOT READ, PROMPT IF NECESSARY

1. Employed for more than 35 hours a week
2. Employed less than 35 hours a week
3. Self-employed
4. Unemployed, looking for full time work, more than 35 hours a week
5. Unemployed, looking for part time work, less than 35 hours a week
6. Not employed, and not looking for work
7. Student
8. Pensioner or welfare recipient
9. Retired
10. Domestic duties
96. Other – please specify (DO NOT READ)
98. DK
99. Refused

ATSI_QSERSA16. Are you of Aboriginal or Torres Strait Islander origin? DO NOT READ

1. Not Aboriginal or Torres Strait Islander
2. Aboriginal
3. Torres Strait Islander
4. Both Aboriginal and Torres Strait Islander
98. DK
99. Refused

LOTE_QSERSA16. Do you speak a language other than English at home?

DO NOT READ

- 1. Yes)
- 2. No (English only)
- 98. DK
- 99. Refused

DISABILITY_CHILD_QSERSA16. Does (Child) have a disability?

DO NOT READ

- 1. Yes
- 2. No (SKIP NEXTQ)
- 99. I prefer not to answer

DISABILITY_TYPE_CHILD_QSERSA16. What kind of disability does (CHILD) have?

DO NOT READ OUT – MULTIPLE RESPONSE

- 1. Acquired brain injury
- 2. Autism spectrum disorder
- 3. Developmental delay
- 4. Intellectual disability
- 5. Physical disability
- 6. Psychiatric disability
- 7. Sensory disability
- 8. Other disability (Please specify)
- 98. DK
- 99. Refused

HIGHEST_ED_ABS. What is your highest level of completed education?

- 1. Less than Grade 10 (including only Certificate I or II)
- 2. Grade 10
- 3. Grade 12
- 4. Certificate III or IV
- 5. Diploma or Advanced Diploma
- 6. Bachelor degree or above
- 98. DK
- 99. Refused

HOUSEHOLD_STRUCTURE_PART_QSERSA16. Which best describes your household?

- 1. A couple with children at home full time
- 2. A couple with children at home some of the time
- 3. A single parent with children at home full time
- 4. A single parent with children at home some of the time
- 5. Live in carers with children either full or part of the time
- 6. Other (please specify_____)
- 98. DK
- 99. Refused

The final questions help with analysis.

Q4a. How many land telephone lines in your household: _____

(CHECK VALIDATION TO ENSURE THAT LL SAMPLE MUST BE 1 or more, MOBILE SAMPLE MAY BE 0)

Q5. How many people 18yrs or older live in your household including yourself? _____

(CHECK VALIDATION TO ENSURE THAT 1 IS MINIMUM)

Active_mobiles. How many active mobiles do you receive calls on? _____(CHECK VALIDATION TO ENSURE THAT LL SAMPLE MUST BE 1 or more, MOBILE SAMPLE MAY BE 0)

If Active_mobiles>=1

Active_mobiles_adults. How many adults 18 years and over – including yourself – receive calls on your active mobiles? _____

If Q4a>=1 and If Active_mobiles>=1 (respondent has both at least one LL and one mobile)

User_type. Of calls you receive, do you receive:

1. All or almost all on a mobile
2. Some calls on mobile, some on landline or;
3. All or almost all on landline

If User_type=2 (dual user) then determine whether LL mainly or Mobile mainly

LL_or_Mobile_mainly. Of calls you receive, are your calls mostly received on (prompt):

1. Mobile, or
2. Landline

Great. Thanks for completing the survey.