



Blue Card Services

Working together to keep kids safe

Crisis Support

If you or someone you know is feeling worried or down, there are people ready to listen and help. There is a safe place to talk, yarn and tell your story. No shame or judgement.

13YARN (13 92 76) is the first national crisis support line for mob who are feeling overwhelmed or having difficulty coping. They offer a confidential one-on-one yarning opportunity with a Lifeline-trained Aboriginal and Torres Strait Islander Crisis Supporter who can provide crisis support 24 hours a day, 7 days a week.

Artwork *Building to connect* **Artist** Elaine Chambers



For more information, call **Blue Card Services** on **1800 113 611** or **3211 6999**, Monday to Friday, press option 1 so our culturally trained staff can prioritise your call, or email yarn@bluecard.qld.gov.au



**Queensland
Government**